FLY FISHING WITH SPINNING TACKLE

This setup is deadly on trout. It can be fished on the surface or close to the bottom and it works anywhere that you find trout. Fly fishing is divided into 2 categories: Dry fly and wet fly / nymph fishing.

1. 90 % of the insects that a trout eats are in the form of nymphs. So this is where you should concentrate UNLESS you see trout taking insects from the surface. (see # 2)

Fill your water float completely full of water, taking care that there are no air bubbles remaining. Slide your line through starting at the skinny end of the float. Next tie on a # 12 snap swivel. Tie a separate 5 foot leader of 2 - 4 lb. test with one of the following: # 12 Zug Bug, # 8 or # 10 Woolly Bugger / green or black, # 12 Hare's Ear nymph, or a # 12 Prince.



Cast out and count. For every second, the water float will sink 1 foot and when it hits the bottom your line will go slack. If you counted to 12, then it is about 12 feet deep. Then reel SLOWLY 1 or 2 cranks and let it sit for 5 seconds and continue this pattern until all the line is in. The next cast you will want to shorten the sinking time by 2 seconds so that the fly covers the next 2 feet up and you continue on each cast to shorten the sinking time until you either catch fish or are at the surface. If you don't catch fish move a little bit down the shoreline and repeat. Once you find the fish, keep fishing at that depth and move down the shore only after many casts don't produce a fish. This way you cover the water thoroughly.

THE BIG MISTAKE THAT MOST ANGLERS MAKE IS TO REEL TOO FAST. REMEMBER: "Stop and go, reel slow."

2. Dry flies are fished on the surface when you see trout feeding on the surface. Usually this is only at the first and last hours of daylight. The only difference in the basic setup is to fill your water float half full and use one of the following flies: # 12 / 14 Yellow Humpy, # 12 / 14 Elk Hair Caddis, # 12 / 14 Mosquito or a # 12 / 14 Royal Coachman. NOTE: There are hundreds of flies but these tend to work just about everywhere, but don't be afraid to ask advice from the local tackle dealer.

REMEMBER: "Stop and go, reel slow."

For more information about fishing at Lake Jennings,

Call (619) 443-2510 or (619) 390-1300.